What You Need to Know About Antidepressants
You’re not alone.

HAVE YOU BEEN PRESCRIBED AN ANTIDEPRESSANT?

• You’re not alone. 33% of Americans take this kind of medicine at least once in their life.1
• This medicine is a safe treatment and it helps improve the way you feel when you take it for the right length of time.
• Many people stop taking this medicine too soon because they don’t feel better immediately.
• Be patient. This medicine can take one or more weeks to begin working and sometimes a few more weeks until you feel the full effect.
• Once you are feeling better, you may think your depression is gone and you no longer need this medicine. That’s not true.
• Antidepressant therapy is prescribed for at least six months, and maybe longer.
• During the first three months after you start taking your antidepressant, see your prescriber at least one more time.
• If you see a therapist, have at least two visits during the first three months you’re taking your antidepressant.
• There aren’t many side effects of this medicine. Speak to your prescriber if you think you have any.
• Start taking your medicine today and be sure to refill it before you run out.

1 Centers for Disease Control and Prevention, July 2007

ANTIDEPRESSANT FACTS

Usually it takes between 4 and 8 weeks for the medication to work and for you to feel better.

You will probably need to take the medication for at least 6 months or maybe longer.

Tell your doctor about any other medications, including over the counter medications, you are taking.

If you have questions or need assistance, please call Beacon at 888.204.5581